



DAWES FRETZIN
DERMATOLOGY

Rogaine (Minoxidil)

Rogaine (generic minoxidil) is a topical treatment for hair loss. It can be used in a variety of scalp conditions, mostly commonly age/genetic related hair loss (androgenetic alopecia, female patterned hair loss).

Rogaine is available over the counter without a prescription. Outlined below are the basics of purchasing and starting treatment.

Minoxidil (generic ok)

5% solution (not 2%, not foam) – often labeled Men's Extra Strength

Apply directed amount (line on the dropper) to affected area of hair loss

Apply once daily for women; twice daily for men

Don't skip doses – pack on vacation

Most affordable sources: Amazon, Costco or Sam's Club online

Ignore the warning that minoxidil only works on the crown of the scalp. It will work wherever applied regularly. Avoid routine dripping down the forehead or beyond the desired hairline. Women, ignore the warning that it is only for use in men.

The first month of treatment, you will see continued shedding. After 2 months, this should taper off to more normal numbers of hair lost. Rarely, RARELY, minoxidil can cause development of darker facial hair in a beard distribution. Stop treatment if this happens.

If you have any further questions, please do not hesitate to
contact our office at 317-516-5000.