



DAWES FRETZIN
DERMATOLOGY

ORAL BIRTH CONTROL MEDICATION

If you have been prescribed birth control medication for Isotretinoin treatment please remember you will also need to use another form of birth control such as a male latex condom.

- Start the pills 6 days after day 1 of your next period (ex. If your period starts on a Monday start your pills on a Saturday), this will decrease your chances of spotting the first few months-although this could still occur (your pills are still effective for pregnancy prevention).
- Take your pill at the same time each day (you could set an alarm on your cell phone to remind you).
- Take your pill every day as directed. If you do not take as directed, your pregnancy prevention method will not be as effective.
- If you have missed a significant number of doses please make your physician aware.
- Common side effects include (but not limited to):
 - Intermenstrual spotting, nausea, breast tenderness, headaches, weight gain, mood changes, missed periods, and vaginal discharge.

Please contact our office, 317-516-5000, for any questions or concerns about your birth control medication and/or side effects.

If you have been prescribed birth control for Isotretinoin treatment, we will not be continuing this medication after the Isotretinoin course has been completed. If you want to continue the birth control medication, you will need to contact an OBGYN for continuation of care.