



**DAWES FRETZIN
DERMATOLOGY**

AFTER CARE INSTRUCTIONS FOR INJECTABLES

TOPICAL TREATMENT

Alastin INhance Post-Injection Serum:

Serum reduces pain, swelling and discoloration from bruises.

Apply Serum to affected areas three times a day. It is best to start immediately after treatment and continue use until areas appear to be fading and discomfort has diminished.

ORAL SUPPLEMENTS

BROMELAIN:

Bromelain is a protein enzyme that is found naturally in pineapples. It helps decrease bruising by breaking down proteins that trap fluids in the tissues after injury.

Take one tablet three times a day.

WHEN INSTRUCTED BY YOUR PROVIDER, ICING MAY BE DONE THROUGHOUT THE REST OF THE DAY. TRY APPLYING 10 MINUTES ON AND 20 MINUTES OFF. SLEEPING WITH HEAD SLIGHTLY ELEVATED FOR THE FIRST NIGHT WILL HELP DECREASE SWELLING.