



DAWES FRETZIN
DERMATOLOGY

Botulinum Post-Op Instructions

INSTRUCTIONS AFTER INJECTION

Most physicians advise their patients to stay in the upright position for 3-4 hours after the treatment. Do not manipulate or massage the area of the injection for 6 hours. It is advisable to forcibly and repeatedly use the treated muscles (by looking surprised or concerned, or squinting frequently) in the first 1 hour after the injection to get a better result. Additionally, intense exercise in the first 24-48 hours after injection may lead to treatments effects wearing off sooner.

SIDE EFFECTS

Temporary bruising and/or swelling are the most common side effects. Ice packs may be administered for 10-15 minutes every 2-3 hours in the first 24 hours if these events occur but are not usually necessary. Transient numbness or headache may occur. In rare cases, depending on site of the injection, doses, and the technique used, the liquid substance will migrate into another area and cause a temporary weakness of nearby muscle. This can also be caused by inappropriate massage of the treated area soon after injection. In very rare cases, there can be drooping of the upper or lower eyelid or dry eye. Because the effects of botulinum toxin are completely reversible, any side effects are temporary, generally lasting only a few weeks but occasionally as long as 3-6 months. The risk of any side effect depends on the area injected. Your doctor will discuss this with you in length before your treatment. Please contact your provider with any concerns about side effects.

Botox touch-up may be required 10-15 days after treatment. Please call the clinic to schedule if you believe touch-up may be needed to achieve an ideal result. Your happiness is important to us, so please let us know if we can do anything to improve your results or answer questions.

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